



FRESH START
MATERNITY SUPPORTS
operated by Rehoboth Girls' Home of Refuge and Support

FRESH START MATERNITY SUPPORTS ANNUAL REPORT 2015

Vision Statement: Providing hope and a future. Jeremiah 29:1

Mission Statement: “To share Christ’s love with pregnant and parenting women in crisis and to improve the quality of life for them and their children by providing the necessary tools to be able to succeed in life and parenting.”

HIGHLIGHTS OF 2015

Here are some highlights as they relate to our strategic plan:

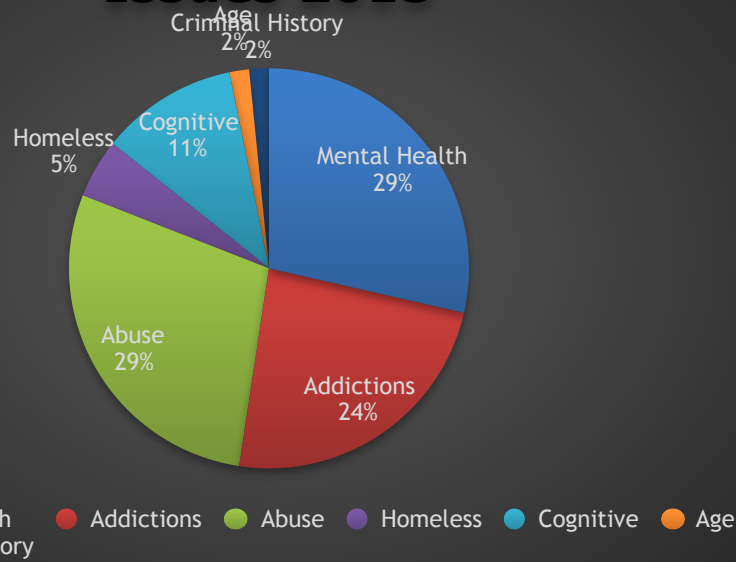
1. ***Demonstrate our commitment to excellence and best sector practices-*** review of policies, addition of new evidence based program-ASQ.
2. ***Develop a facilities plan to enhance service delivery to residents.*** -extra security measures were installed to ensure the safety and security of our residence. A Fresh Start store was opened which allows residents to ‘earn’ Fresh Start dollars towards beautiful new items for them and their infants. We won the Parapaint challenge and received a paint makeover of our facility!
3. ***Continue to recognize our staff team as our greatest asset-***staff had many training events, a wonderful fall retreat and Christmas party. Staff were also given training opportunities that were of interest to them and beneficial to Fresh Start.
4. ***Strengthen our agency brand to increase donor and community engagement and awareness-***we had a great banquet, best ever baby bottle drive, our second annual Girls Night, motorcycle ride and implemented monthly prayer meetings at our residence! We began the CCCC certification process.
5. ***Increase effectiveness of service delivery to our residents-***staff were trained in the Ages & Stages Questionnaire (ASQ) by Dr. Chaya Kulkarni of the Infant Mental Health Program at Sick Kids Hospital in Toronto. This program became part of our regular provision of service to our infants.

Fresh Start Maternity Supports Statistics

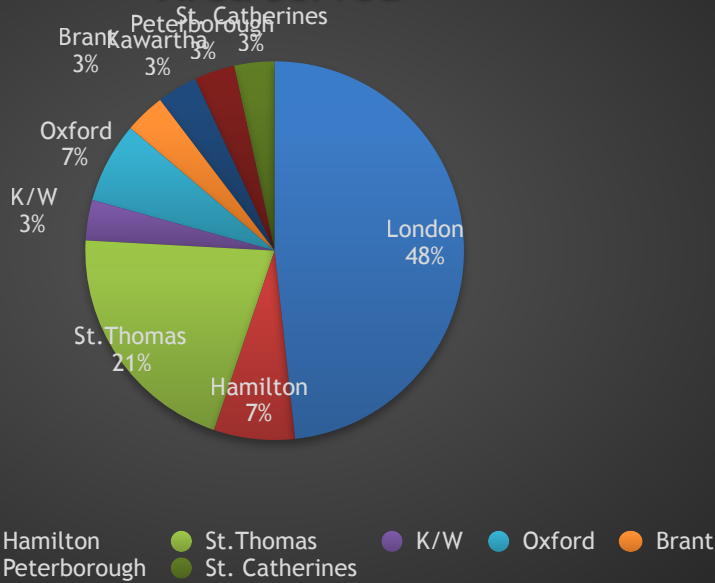
We are happy to report that in 2015 Fresh Start Maternity has served a total of 29 women plus 14 babies residentially. We had 42 new applications in 2015. Four women carried over service from 2014-2015.

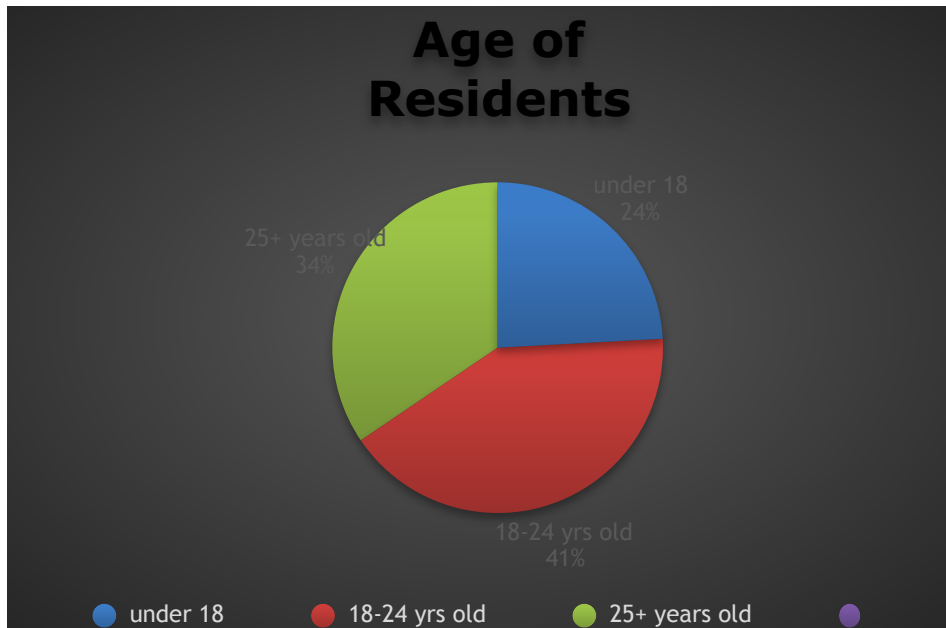


Primary Issues 2015



Area Served





Referral Source

Referrals to our program have come from the following sources:

14 – CAS (3 St. Thomas, 1 Hamilton, 1 Peterborough, 4 London, 1 Kawartha, 2 Oxford, 1 Brant, 1 St. Catherines,)

3 – self/family/friend

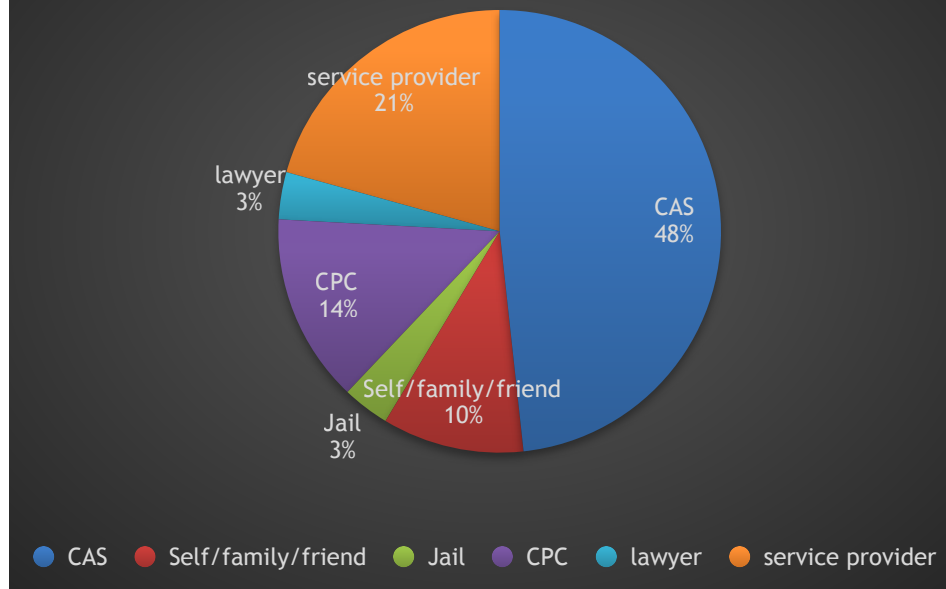
1- jail

4 CPC

6 – other service providers (1 St. Thomas VAW, 1 CMHA, 1 CCHC- St. Thomas, 1 maternity home, 1 London Cares, Craigwood)

1 - lawyer

2015 Referral Sources



PROGRAMS

The following programs were offered to the women at Fresh Start in partnership with the following community services:

- Educational program with Reconnect (TVDSB) and private tutors
- Volunteering- Bibles for Missions,
- Christian Fellowship
- Guest speakers
- Life Coach-Julie Hayes
- OEYC programs
- Merrymount Children's Centre programs
- Me, My Baby, Our World attachment program
- Modern Day Princess/Taming Your Fears program
- Faith Church Moms group
- Destination Church programs

COMMUNITY PARTNERS

The following community services were referred to and accessed by our residents in addition to the above programs:

- VAW
- Public health nurse and family support workers
- Doctors services,

- CCHC medical and counseling services,
- Probation/courts
- Addictions support,
- OW, ODSP
- local colleges sent SSW, CSW, SW and CYW students for placement,
- Second Stage Housing
- YWCA residence
- CMHA
- Elgin Oxford Legal Clinic
- CAS
- Various local church congregations provided social , spiritual and recreational opportunities to our residents

Staff were trained at various educational opportunities presented through SAFEGUARDS, IMHP, CPRI, CAS, and individual guest speakers.

FUNDRAISING

Baby Bottle Drive- We had our most successful campaign to date at \$ 40,058.66

Fundraising Banquet- Another successful event at Faith Church with approximately 280 guests with a gross income of \$19 297.10 - 4788.88 expenses= 14 408.22. Theme was Let Your Light shine and very well done with Lisa Siemens planning. Andre Reda and YFC catered-excellent meal!

Finances

We ended our year with Income of \$349,130 and expenses of \$345,290 leaving a surplus of \$3,840! While this is great news, unfortunately it was due to a 3week layoff of our front line staff in June due to low occupancy.

Board of Directors 2015:

Lynn Acre-Chair (retired at year-end)

Susan Burke-Vice Chair

Carla Matos-Secretary

Father Gilbert Simard -Treasurer

James Carruthers

Jasmine Pink(joined May 25/15)

Dr.Carroll Harder (joined September 25/15)

Ted Linker

Todd Rowley

Fresh Start Staff 2015

Lori Wall, Executive Director

Marjorie Steenbergen, Program Manager

Anna Gohm, Client Support Worker

Carolyn Bernardo, Client Support Worker

Lisa Siemens, Client Support Worker

Justine Gordon, Client Support Worker

Sue Sawatzky, Night Support Worker

Sarah Leitch, Night Support Worker

Katherine Dimoff, Tutor

Carol Sluis (contracted) Tutor

Miranda Bond (maternity contract)

Candice MacDouell

To read many exciting letters of support by residents and community partners please visit www.freshstartmaternity.com and click ‘testimonials’!